



14 November - 7 December 2018

best advice ★ better health

From your local pharmacy

SUMMER
essentials
**INSTORE
NOW!**

**FUNKY NEW
ECO BAGS**

**GET
YOURS
TODAY**

+ Proudly supporting a plastic-free environment

Come and visit your locally owned, community pharmacy for health advice

Get Summer + ready...

See your **trusted**
local community
pharmacy for all your
summer essentials!

With summer fast approaching, its time to start thinking about suncare. It doesn't matter how long you are planning on spending in the sun, it is always important to protect yourself from the UV rays that can dry your skin and cause various skin issues. Be sure to come visit us instore and have a chat with your friendly pharmacy staff to find out what sun and skincare is right for your family.

We have a fantastic price on Sunsense Ultra, the number 1 selling sunscreen in our pharmacy and check out our awesome gift with purchase when you purchase any Neutrogena suncare product*.

It's also important to update your First Aid Kit as we head into summer, and we have a range of affordable products instore to include. It's also a good time to check expiry dates on your medicines and sunscreens.

With all the festive eating around summer and Christmas, it's important to make sure you have digestive care at hand if you suffer in this way, Gaviscon and Zantac are good options. Remember your local pharmacy has qualified health professionals and trained retail staff who are here to support everybody in the local community.

See you instore soon!



Wow!
FREE
OGX HAIR OIL*

SUNCARE? WE'VE GOT YOU COVERED!

NEUTROGENA SUNCARE RANGE

Helioplex technology delivers broad-spectrum, photostable protection from both UVA and UVB rays. Dermatologist tested. Oil free, non-greasy and won't clog your pores. Ask us to help choose the sunscreen that's right for you.

RANGE FROM \$18.99



**\$20
VALUE**

Wow!
**FREE
OGX HAIR OIL***

With any purchase from the
Neutrogena Suncare range*

NEW



*For a limited time, while stocks last. Johnson & Johnson Ltd, Auckland.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. If symptoms persist or you have side effects, consult your pharmacist. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP). Disclaimer: The information in Pharmacy Advice is for education and information purposes only. The information is not to be interpreted as professional advice for a medical diagnosis or treatment. At all times we recommend readers seek specific advice from a qualified healthcare professional regarding diagnosis and treatment of any condition, or the use of any product. The publisher has made every reasonable attempt to ensure the information contained in this magazine is accurate and up to date.



Take care this summer

Skin protection +
for the whole family

INSECT REPELLENT

Bushman has been specially formulated to provide long lasting protection from biting and annoying insects whilst remaining unnoticeable on the skin. Bushman insect repellents feature a unique formulation that is non-greasy, smells nice and is water and sweat resistant.

- 7+ hours protection
- Non-greasy
- Light scent
- Water, sweat and rub resistant
- Sprays upside down

BUSHMAN PLUS 80% DEET DRYGEL
75g

OUR PRICE
\$15⁹⁹

OUR PRICE
\$16⁹⁹

BUSHMAN ULTRA 80% DEET DRYGEL
75g

BUSHMAN HD 40% DEET AEROSOL
130g

OUR PRICE
\$16⁹⁹

OUR PRICE
\$17⁹⁹

OUR PRICE
\$17⁹⁹

SUNSENSE

SunSense is a premium sunscreen range, scientifically formulated for individual skin types.

SUNSENSE SENSITIVE INVISIBLE
SPF50+
75g

SUNSENSE DAILY FACE SPF50+
75g

Pharmabroker Sales Ltd.

Douglas Pharmaceuticals Ltd, Auckland.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).

karen.murrell™

A GOLDEN CHRISTMAS

Shine bright with Coral Dawn, command attention in Rymba Rhythm, and embrace the universally beautiful shade of Violet Mousse.

Give the gift of natural beauty this Christmas.

Cruelty
Free

NO
Coal Tar

NO
Carmine

NO
Triclosan

NO
Parabens

NO
Mineral Oils

\$49⁹⁹



*Feel great
from top toe*

OUR PRICE
\$27⁹⁹



Sweet dreams!

Clinicians Sleep Science is a powerful and unique formulation known to provide support during times of stress and worry.

This unique formulation not only supports natural healthy sleep, but also an overall calming effect.

Perfect for busy, stressed people needing a good night's sleep, or for those looking to support healthy sleep patterns.

CLINICIANS SLEEP SCIENCE
30 Capsules

Douglas Pharmaceuticals Ltd, Auckland.

*Viratac with free lip balm!**



Antiviral cold sore cream. Helps to speed up the healing process. Large 5g tube for better value!

*While stocks last.
5g tube containing Aciclovir 5% w/w. For external use only.
Multichem NZ Ltd, Auckland.

OUR PRICE
\$14⁹⁹

OUR PRICE
\$29⁹⁹

NEW!

FERRO-SACHETS
28 Sachets



Vitality on the go!

Ferro-Sachets are zesty orange flavoured granules containing iron microencapsulated in liposomal form to help enhance absorption and reduce side effects, along with vitamin C to aid absorption, vitamin B12 and folic acid. Each sachet contains 14mg elemental iron to help maintain healthy iron levels, energy and vitality.

Vitamin C

Vitamin B12

Iron

Folic acid

AFT Pharmaceuticals Ltd, Auckland.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).



RANGE FROM
\$14⁹⁹



The Stunning Rose Otto Range

This iconic oil is reminiscent of vintage Hollywood glamour, classic style and the golden age of beauty.

Loved for its romantic fragrance and miraculous ability to tone, balance and illuminate the skin and hair, natural Rose Otto remains a beauty secret of the world's most glamorous stars, and one that will purify your skin, enchant your senses and get you ready for your close up.

ROSE OTTO BATH OIL 100ml \$28.99

ROSE OTTO BODY SCRUB 200ml \$16.99

ROSE OTTO LIP SERUM \$14.99

Therapeutic fragrances for your handbag

An inspiring blend of potent botanical oils and handpicked natural fragrances in a convenient roller ball tube that you can use at any time of the day to promote essential vitality and balance.

These natural remedies use the finest organic therapeutic fragrances such as lavender, patchouli and cedarwood to inspire your senses, clear your mind and encourage natural healing.



**ENERGISING
AROMA BALL**

**TRAVEL EASE
AROMA BALL**

**SLEEP THERAPY
AROMA BALL**

OUR PRICE
\$18⁹⁹
EACH

**ALSO
AVAILABLE:**

**DE-STRESS
AROMA BALL
DIET REMEDY
AROMA BALL**

KEEP YOUR
INSIDES

Happy & Healthy

OUR PRICE
\$20⁹⁹

Gluten & yeast-free energy support

A liquid iron supplement especially formulated for people who have allergies and digestive problems exacerbated by yeast, gluten, or honey.

**FLORAVITAL
FORMULA 250ml**



Feel energetic

Floradix is a non constipating liquid iron formula, is safe for daily long-term use and contains no preservatives, colourings, flavourings or artificial additives.

**FLORADIX
FORMULA 250ml**



OUR PRICE
\$20⁹⁹

Endeavour Consumer Health, Auckland.

OUR PRICE
\$12⁹⁹
EACH

Bring your effervescence back

Gastrolyte electrolyte hydration formulas help replace fluids and electrolytes lost due to diarrhoea, vomiting, fever, cold and flu, and are suitable for the whole family. The Gastrolyte range includes fast dissolving effervescent tablets available in blackcurrant, raspberry and lemon flavour, and orange flavoured oral powder sachets which dissolve in cold water.

OUR PRICE
\$12⁹⁹

**GASTROLYTE
20 Effervescent Tablets
Raspberry, Blackcurrant
and Lemon**



**GASTROLYTE
10 Sachets Orange**

Sanofi Consumer Healthcare, Auckland.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).

Tame the burn within

Zantac® relieves heartburn and indigestion fast. And lasts.

Just one tiny tablet acts fast – in as little as 30 minutes – and provides long-lasting relief for up to 24 hours. Ask for Zantac® at pharmacies to tame the burn.



OUR PRICE
\$19⁹⁹

**ZANTAC
EXTRA
300mg
14 Tablets**

*Registered Trademark. Distributed by Aspen Pharmacare C/O Healthcare Logistics, Auckland.

When you need gastro relief – fast



GASTRO-SOOTHE 10 Tablets

Stomach pain has many triggers – Gastro-Soothe Forte provides a quick solution. Gastro-Soothe Forte is specifically designed to help relieve aches and pains associated with muscle cramps or spasms in the digestive tract. It works effectively against the discomfort and pain of abdominal cramps due to its targeted effect.

Your Pharmacist's advice is required. AFT Pharmaceuticals Ltd, Auckland.



Gaviscon soothes in 4 minutes

OUR PRICE
\$16⁹⁹

**GAVISCON
48 Chewable
Peppermint
Tablets**



OUR PRICE
\$24⁹⁹

**GAVISCON
PEPPERMINT
SYRUP
600ml**

Reckitt Benkiser, Auckland.

Summer ready feet



OUR PRICE
\$21⁹⁹

DERMAL
THERAPY
HEEL BALM
PLATINUM
75g

Effective clinically tested products for gorgeous feet

30% Urea Visible results in
1 day for severely dry and
cracked heels.

USL Consumer, Auckland.



OUR PRICE
\$17⁹⁹

HENRIETTA
FRESH FEET
FOOT POWDER
130g

VALUE
SIZED
PACK

*For that
fabulous
fresh feet
feel!*

An effective way of combating
smelly feet and shoes leaving a
fresh fragrant smell.

Henrietta's Foot Powder is formulated
to help protect feet and footwear from
odour, infection and moisture. We are so
confident you will like our product we
offer a money back guarantee.

Green Island Pharmacy Limited T/A Henrietta Soaps, Dunedin.

RestoraNail starts to kill fungal infections in as little as a month¹



Treat damaged and fungal nails with RestoraNail:

- Treats damaged nails
- Treats fungal nail infections
- Once a day use, no filing

RESTORANAIL 15ml

Reference: ¹Nasir et al (2011), research sponsored by Chesson Laboratory Associates Inc. 28% dermatophyte-negative result (n fungi) after 1 month. 62% after 6 months. RestoraNail Nail Solution (Poly-urethane 16% in organic solvents, 15mL) is a nail treatment solution use with nail dystrophy and fungal infections. AFT Pharmaceuticals Pty Ltd, Auckland.

Stand up for feet!



EULACTOL HEEL BALM 120ml

Reckitt Benckiser, Auckland.

Heel Balm for rough, dry and cracked skin.

OUR PRICE
\$25.99

100% Effective against smelly feet and footwear

Gran's Remedy Foot Powder is clinically proven to kill the bacteria that causes smelly feet and footwear. Don't put up with smelly feet!



OUR PRICE
\$16.99
EACH

GRAN'S REMEDY 50g Original, Cooling, Scented

*Result of independent tests conducted by the Department of Microbiology, University of Otago, April 2004. Endeavour Consumer Health, Auckland.

Treat athlete's foot in just 7 days

For the treatment of athlete's foot and other fungal infections. Lamisil cream needs only one daily application for 7 days to effectively eliminate athlete's foot.



LAMISIL CREAM 15g

GSK, Auckland.

OUR PRICE
\$19.99

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).



Loraclear 90 Tablets

Hayfever or hives?

Loraclear Hayfever Relief is a non-drowsy antihistamine for rapid relief from symptoms of hayfever, urticaria & allergic rhinitis including runny nose, nasal congestion, itchy nose and eyes and sneezing.

OUR PRICE

\$39⁹⁹

OUR PRICE

\$14⁹⁹

Lorapaed oral liquid

Effective relief for symptoms of hayfever, urticaria (hives) and allergic rhinitis. Lorapaed is a non-drowsy anti-histamine and is suitable for children and adults alike. Lorapaed Oral Liquid is colour free, alcohol free and has a pleasant peach flavour.

Lorapaed 150ml



OUR PRICE

\$39⁹⁹

Histaclear 90 Tablets

OUR PRICE
\$9⁹⁹

Histaclear 100ml

Allergy essentials FOR THE WHOLE FAMILY

Non-drowsy hayfever relief – now available in liquid or tablet form

HISTACLEAR ORAL LIQUID

Histaclear Oral Liquid provides effective relief from symptoms of hayfever including runny nose, nasal congestion, itchy nose and eyes and sneezing. Colour free, sugar free and alcohol free formula suitable for ages 2 and over.

HISTACLEAR TABLETS

Histaclear provides non-drowsy relief from symptoms of hayfever and allergies such as runny nose, nasal congestion, itchy nose and eyes and sneezing.

AFT Pharmaceuticals Ltd, Auckland.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).

Non-drowsy hayfever relief – now available in liquid or tablet form

LEVOCLEAR

Levoclear provides 24 hours of effective, fast acting, non-drowsy relief from the symptoms of hayfever and allergic rhinitis including runny nose, nasal congestion, itchy nose and eyes and sneezing.



Levoclear 10 Tablets

OUR PRICE
\$9⁹⁹

FEXACLEAR

Fexaclear 180mg, provides 24 hours of effective, fast acting relief from the symptoms of hayfever and allergic rhinitis including runny nose, nasal congestion, itchy nose and eyes and sneezing.



Fexaclear 10 Tablets

OUR PRICE
\$12⁹⁹

Relief on the go!

Get hayfever relief in a handy spray bottle

BecloClear Nasal Spray provides 12 hours of effective hayfever relief and prevention in a 200 spray bottle.



BecloClear 200 Sprays

OUR PRICE
\$9⁹⁹

Need long lasting hayfever relief?

SteroClear Nasal Spray provides short term prevention and long lasting relief of hayfever in a handy 200 spray bottle.



SteroClear 50
200 Sprays

OUR PRICE
\$9⁹⁹



OUR PRICE
\$19⁹⁹

Cromo-FRESH provides relief from allergic eye conditions in a revolutionary multi-dose device.

Cromo-FRESH is the only preservative-free treatment for allergic eyes in a bottle – ideal for allergy treatment on-the-go.

Cromo-FRESH 10ml

ENJOY THE OUTDOORS THIS SUMMER!

STINGOSE®

With warmer weather approaching, we'll all be heading outdoors to take advantage of the sunshine. Don't let bites and stings take the fun out of your outdoors. Stingose® works quickly to provide effective relief from the pain, itch and swelling associated with stings and bites of most insects, plants and marine life, including, ants, bees, wasps, mosquitos, sandflies, jellyfish, sea lice, vines and nettles.

+ RELIEVES PAIN + SOOTHES ITCHING + REDUCES INFLAMMATION

OUR PRICE
\$12⁹⁹



STINGOSE GEL 25ml



STINGOSE SPRAY 25ml

OUR PRICE
\$12⁹⁹

Aspen Pharmacare C/O Pharmacy Retailing (NZ) Ltd, Auckland.

Rapid response relief

Zyrtec tablets are fast acting and non-drowsy relieving multiple hayfever and allergy symptoms.



Pharmacy Only +

OUR PRICE
\$29⁹⁹

ZYRTEC 30 Tablets

GSK NZ Ltd, Auckland.

Natural, non-drowsy support

AllerStop works rapidly to support the body's response to indoor and outdoor allergens within 15 minutes.



OUR PRICE
\$14⁹⁹

CLINICIANS ALLERSTOP 30 Tablets

Avoid in those with egg allergy. Douglas Pharmaceuticals Ltd, Auckland.

Targets 6 allergic substances^{1,2,3}

FLIXONASE IS A NASAL SPRAY THAT WORKS DIRECTLY IN THE NOSE TO RELIEVE ALLERGY SYMPTOMS.

Flixonase provides 24-hour relief from allergy symptoms such as sneezing, runny nose, itchy nose, blocked nose, sinus pain and congestion. When we breathe in allergens, our body reacts by producing allergic substances that cause our symptoms. Allergy tablets only target one. Flixonase targets six of these allergic substances^{1,2,3} giving you relief. Flixonase is also non-drowsy and can be used before the onset of symptoms to help prevent allergy and hayfever occurring.

1. Australian Medicines Handbook 2015. 2. Bachert, C. and Geveart, P. European Journal of Allergy and Clinical Immunology, Supplement. 54(57): 116-123, 1999. 3. Wiseman, L. R. and Benfield, P. Drugs. 53(5):885-907, 1997. GSK NZ Ltd, Auckland.



**FLIXONASE NASAL SPRAY
120 Sprays**

OUR PRICE
\$23⁹⁹

OUR PRICE
\$13⁹⁹

ALL PRODUCTS
FEATURED



RAPID RELIEF FROM NASAL CONGESTION

Otrivin is a nasal decongestant spray that unblocks your nose fast allowing you to breathe better.

OTRIVIN ADULT NASAL SPRAY delivers the medication in a fine mist to help clear nasal congestion quickly and effectively. Otrivin acts in 5 minutes for long lasting relief. Also available in menthol **OTRIVIN ADULT MENTHOL NASAL SPRAY**.

OTRIVIN PLUS is the only dual-action over the counter formula that unblocks the nose **and** stops a runny nose.

OUR PRICE
\$11⁹⁹

**OTRIVIN
ADULT
SPRAY
10ml**



**OTRIVIN
PLUS SPRAY 10ml**



OUR PRICE
\$11⁹⁹

**OTRIVIN
MENTHOL
SPRAY
10ml**

GSK NZ Ltd, Auckland.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).

BREAK THROUGH HAYFEVER ALLERGIES WITH TELFAST

CHOOSE 5-IN-1 MULTI-BENEFIT RELIEF

If you experience sneezing, runny nose, itchy throat or itchy and watery eyes, try Telfast. Telfast 180mg is suitable for the relief of symptoms associated with hayfever or hives in adults and children aged 12 years or older.

5in1
Multi-Benefit Relief

TELFAST 180MG IS:

- ✓ Fast acting - 1 hour
- ✓ Non-drowsy
- ✓ 24 hour relief*
- ✓ Multi-symptom relief
- ✓ Effective everyday

OUR PRICE
\$49⁹⁹

**TELFAST
180mg
50 Tablets**

**TELFAST
180mg 30
Tablets**

**TELFAST
180mg
10 Tablets**

OUR PRICE
\$39⁹⁹

OUR PRICE
\$14⁹⁹

ALSO AVAILABLE TELFAST

60mg 20 Tablets \$12.99
120mg 10 Tablets \$12.99
120mg 30 Tablets \$32.99

*24 hour relief for Telfast 180mg and 120mg strength tablets only. Do not use during pregnancy or lactation except on medical advice. Telfast is generally well tolerated. Headaches may occur. Caution when driving. Individual response varies. Please consult your pharmacist/doctor. Sanofi Consumer Healthcare, Auckland. 0800 283 684.



ALL PRODUCTS
FEATURED



OUR PRICE
\$11⁹⁹

**TELFAST ORAL
LIQUID FOR
KIDS 60ml
Raspberry**

Non drowsy allergy relief for kids

Hayfever can affect sleep and make children drowsy¹, so choose a treatment that doesn't. Relief of hives from 6 months.²

Relief of hayfever and year round allergy symptoms from 2 years including²:-

- ✓ Sneezing
- ✓ Itchy and runny nose
- ✓ Itchy throat
- ✓ Itchy and watery red eyes

1. www.bpac.org.nz/BPJ/2009/November/hayfever.aspx. Is generally well tolerated. Headaches may occur. Individual response varies. 2. Telfast CMI June 2017 Please consult your pharmacist/doctor. Sanofi Consumer Healthcare, Auckland 0800 283 684.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).



OUR PRICE
\$10⁹⁹



ANTHISAN CREAM 25g

Reach for relief

Relief from insect bites, stings and nettle rash

Small insects can be a big nuisance. Fortunately, there's Anthisan cream.

- Topical antihistamine
- Relieves pain, irritation and inflammation caused by insect bites, stings and nettle rash
- Suitable for the whole family.

External use only. Do not use on broken skin. For further information contact Sanofi Consumer Healthcare, Auckland. 0800 283 684.

Got a **BIG ALLERGY** problem?
Get back to normal fast with Levrix.

OUR PRICE
\$23⁹⁹

Pharmacy Only +

Levrix
EFFECTIVE ALLERGY RELIEF
HAYFEVER, ALLERGY AND MORE

LEVRIX 30 Tablets

Levrix delivers fast and effective allergy relief – one tablet is effective for 24 hours! Levrix treats hayfever and allergies all year round.

Pharmabroker Sales Ltd, Auckland.

Razene

Pharmacy Only +

Non drowsy

fast
24-hour relief
of hay fever, insect bites & itching

TAPS DA1826FR-149. Mylan NZ, Auckland.

Feel great *naturally*

Support yourself and your family naturally with GO Healthy.

We have a range of products that will aid you with everything from restful sleep, to support for your joints, heart and so much more...



Feel your best, because when you have your health, you can focus on everything else in your life. GO with the Glow – GO Healthy...

Support Mobility and Joint Health with the GO Turmeric Range

Go Turmeric for Joints 30 VegeCapsules

Contains high strength Turmeric along with a synergistic blend of herbs specifically for joint stiffness, supporting mobility and joint health. The herb Boswellia has been supplied in the AKBA form, providing extra joint support and comfort that starts within 7 days*. BioPerine® (Black Pepper) has been included to enhance absorption.

*Individual results may vary.

GO Turmeric 30,000+ 1-A-Day 30 VegeCapsules

Turmeric has been traditionally used in herbal medicine for general health, wellbeing, and superior antioxidant protection. Providing support for joint health, cardiovascular function and digestive system support, GO Turmeric 30,000+ 1-A-Day is a supreme strength turmeric with BioPerine® (Black Pepper) to increase absorption. It offers all round support, supplied in an easy to take 1-A-Day dose.



**SAVE
50%**

**OUR PRICE
\$16⁹⁹**



**OUR PRICE
\$16⁹⁹**



**SAVE
50%**



OUR PRICE
\$19⁹⁹

Support for Muscle Tension

Magnesium is effective in supporting relaxation, soothing muscle tension and muscle tightness as well as supporting a good night's sleep. GO Magnesium 1-A-Day contains 500mg of natural Magnesium per capsule and is a gentle, high absorption, and oxide free Magnesium.

GO MAGNESIUM 1-A-DAY 60 Capsules

Naturally Fishy

GO Fish Oil provides a concentrated source of EPA and DHA Omega-3 Fatty Acids equivalent to 2,000mg of natural fish oil.

GO FISH OIL 2,000MG 230 SoftGel Capsules



OUR PRICE
\$19⁹⁹

Sun Protection Support



OUR PRICE
\$19⁹⁹



GO Sun UV Protect supports the body's natural response to UV exposure, providing sun protection from within. Taken daily NutroSun™ offers significant sun protection and anti-aging benefits in the form of better resistance to sunburn, increased skin elasticity, reduced skin wrinkle depth and decreased oxidation of skin cells.

GO SUN UV PROTECT
30 SoftGel Capsules

IMPORTANT: Always use a SPF sunscreen and cover up during the highest UV times of the day.

1-A-Day Joint Support Combo Offer

Complete joint and cartilage support with supporting bone and joint nutrients. Trusted Glucosamine Sulfate and Chondroitin formula.



HOT
BUY!

OUR PRICE
\$39⁹⁹

GO GLUCOSAMINE
1-A-DAY 1500MG
2 x 60 Capsules

Sup^{herb}ness

Support your family with Thompson's

OUR PRICE
\$19⁹⁹



A natural herbal way to help maintain normal mood

A convenient One-A-Day dose to help you adapt to stress and worry as well as providing support for sleep patterns.

THOMPSON'S ONE-A-DAY ST JOHN'S WORT 4000
30 Tablets

OUR PRICE
\$19⁹⁹



Inside out beauty

Thompson's Skin Hair & Nails provides a vitamin, mineral, herbal and marine complex specially formulated to support and maintain healthy skin, hair and nails.

THOMPSON'S SKIN, HAIR & NAILS 45 Capsules

AS
SEEN
ON TV

OUR PRICE
\$14⁹⁹



Children's immune support

Thompson's Junior Immunofort is a pleasant tasting chewable tablet that provides the 'Power of 5' blends of vitamins, minerals and nutrients to support a child's immune system all year round.

THOMPSON'S JUNIOR IMMUNOFORT 45 Tablets

OUR PRICE
\$26⁹⁹



All-In-One Joint Complex

Distinct triple action for stiff and ageing joints;

- Joint comfort
- Joint mobility
- Cartilage repair

THOMPSON'S ALL-IN-ONE JOINT COMPLEX 60 Tablets

© THOMPSON'S is a registered trademark of Integra Healthcare, Auckland (New Zealand) Limited.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).

FEEL GOOD INSIDE OUT

NUTRA-LIFE'S TOP PICKS

THIS SUMMER!



OUR PRICE
\$22⁹⁹

PROBIOTICA™ 50 BILLION
30 capsules



OUR PRICE
\$22⁹⁹

**PROBIOTICA™ ADULT
50+YEARS** 30 capsules



OUR PRICE
\$39⁹⁹

GUT HEALTH 180g powder



OUR PRICE
\$19⁹⁹

**PROBIOTICA™ WOMEN'S
HEALTH** 60 capsules

NUTRA-LIFE®
TAKE CHARGE, LIVE WELL

**50
YEARS**
EXPERIENCE

RESEARCH

**TRIPLE
TESTED**
QUALITY

Always read the label. Use only as directed.
Vitaco Health (NZ) Ltd, Auckland.
10018_NZ DA1831ZL173



Rescue remedy

Support for tension and stress relief

OUR PRICE
\$18⁹⁹



Rescue Remedy has been traditionally used to help relieve the feelings of nervous tension and stress by providing a natural sense of focus and calm.

Available in drops, spray and pastilles.

RESCUE REMEDY
10ml Drops

OUR PRICE
\$24⁹⁹



**Be good
to your gut**

A unique, multi-strain blend of clinically researched beneficial bacteria, including pre and probiotics, to support optimal gut health and to help manage healthy mood balance, immunity and stress-related digestive discomfort.

**LIFESTREAM ADVANCED
PROBIOTICS MOOD + IMMUNE**
30 Capsules



**100% Natural
Liquid Iron
ideal for the
whole family**

OUR PRICE
\$18⁹⁹

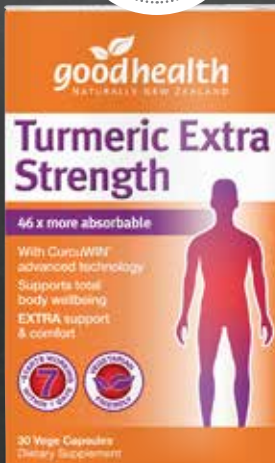
Spatone can help support healthy iron levels and is ideal for the whole family. Each sachet contains 5mg elemental iron and is suitable during pregnancy.

**SPATONE 100% NATURAL
LIQUID IRON 14 Sachets**

Lifestream International Ltd, Auckland.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).

OUR PRICE
\$19⁹⁹



**Turmeric
Extra Strength
30 Vege Capsules**

OUR PRICE
\$23⁹⁹



**Garcinia Cambogia
9000 with Apple
Cider Vinegar
60 Capsules**

OUR PRICE
\$27⁹⁹



**Magnesium Sleep
Support
60 Vege Capsules**

OUR PRICE
\$22⁹⁹



**Magnesium
Easy-to-swallow
2 x 90 Small
Vege Capsules**

COMBO
DEAL



**DON'T LET
PAIN
HOLD
YOU BACK**

PAIN? CHOOSE PANADOL

Panadol tablets are gentle on the stomach and provide fast, effective temporary relief of aches and pains.



PANADOL 100 Tablets

Incorrect use can be harmful.
GSK NZ Ltd, Auckland.

Strong relief from bumps, bruises and strained muscles

Don't let annoying niggles get in the way of doing what you love. Nature's Kiss Anti-Flamme is great at soothing strained muscles and it works fast.

It's made here in New Zealand and contains natural ingredients including Arnica, Calendula, Hypericum and Peppermint. Anti-Flamme really works so that you can stay focused. Make sure to reach for the 'purple pot'!

OUR PRICE
\$18.99
EACH



**ANTI-FLAMME
EXTRA 90g**

**ANTI-FLAMME
EVERYDAY 90g**

**ANTI-FLAMME
JOINTS 90g**

Endeavour Consumer Health, Auckland.

Medicine made for kids

Pamol® is the pain and fever medicine that's made just for kids, with the great taste that kids love. Paracetamol is recommended first for treatment of children's pain and fever – and is the only pain and fever medicine recommended for babies under 12 months without doctor's advice. Pamol® is only available from pharmacies, so ask for it by name.

**PAMOL 200ml
Orange or Strawberry**

Incorrect use can be harmful. Aspen Pharmacare C/O Pharmacy Retailing (NZ) Ltd, Auckland.

OUR PRICE
\$19.99
EACH



ALL PRODUCTS
FEATURED



Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. All medicines have benefits and some may have risks. If symptoms persist or you have side effects, consult your pharmacist or doctor. Vitamins should be used in conjunction with a balanced diet and exercise. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 14 November - 7 December 2018 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP).



KNOW YOUR NUROFEN

EVERYDAY PAIN RELIEF



\$19⁹⁹

**Nurofen
Tablets 96s**

**Effective relief from pain,
fever and inflammation**

STRONGER PAIN RELIEF[†]



\$35⁹⁹

**Nuromol
Tablets 72s**

**Stronger pain relief than
Paracetamol + Codeine^{†2,3}**

Incorrect use can be harmful. [†]2 tablets of Nuromol are stronger than and effective for longer than 2 tablets of paracetamol 500mg, or 2 tablets of ibuprofen 200 mg + Codeine 12.8 mg in dental pain studies. 1. Dewland P et al BMC Clinical Pharmacology 2009; 9:19. Sponsored by RB. 2. Mehlisch D et al. Clinical Therapeutics 2010;32(6):1033-49. 3. Daniels S et al. Pain 2011;152:632-42. Do not use if you have a stomach ulcer. Reckitt Benckiser, Auckland. 0800 40 30 30. TAPS DA1704JD.

Get BETTER, FASTER¹ Pain Relief¹

Maxigesic[®] is a world-first specific combination pain relief containing Paracetamol 500mg and Ibuprofen 150mg developed in New Zealand. The unique double-action formulation provides pain relief and reduces inflammation at the same time.

Temporary relief from a wide range of pain, including headache, migraine, toothache, dental procedures, arthritis, rheumatic pain, tennis elbow, backache, period pain, sore throat, sinus, muscular pain, and the aches and pains associated with cold and flu. MAXIGESIC[®] also helps reduce fever. If you're looking for better, faster pain relief¹ try MAXIGESIC[®], available in a range of pack sizes from your pharmacy.

^{*}While stocks last. Ref 1. Maxigesic provides more pain relief than Paracetamol 4000mg per day or Ibuprofen 1200mg per day given in 4 divided doses. Claim based on trial of post-operative pain relief after removal of 1-4 wisdom teeth. Merry et al (2010). Do not use if you have a stomach ulcer. Incorrect use can be harmful. AFT Pharmaceuticals, Auckland.

**FREE
GIFT!***



**MAXIGESIC
20 Tablets**



**OUR PRICE
\$27⁹⁹**

**MAXIGESIC
100 Tablets**



**OUR PRICE
\$8⁹⁹**

PARACETAMOL

**DOUBLE
ACTION**

IBUPROFEN

WELLBEING FOR THE WHOLE FAMILY

OUR PRICE
\$9⁹⁹

Smooth, hydrated lips



A concentrated formula containing a synergistic blend of ingredients specially designed to hydrate and soften severely dry lips, keeping them smooth and healthy looking.

**DERMAL THERAPY
LIP BALM 10g**

USL Consumer Ltd, Auckland.

HYLO-FORTE® & HYLO-FRESH

OUR PRICE
\$29⁹⁹

HYLO-FORTE®
10ml



OUR PRICE
\$39⁹⁹

HYLO-FRESH
10ml

HYLO-FRESH are preservative and phosphate-free lubricating eye drops for dry eyes in a revolutionary COMOD® device.

HYLO-FORTE® lubricating eye drops for severe or chronic dry eye and post operative use.

- Preservative-free
- Phosphate-free – avoids corneal calcification
- Delivers at least 300 sterile drops through the unique COMOD® multi-dose application system
- 6 month use-up period after opening
- Compatible with all contact lenses

Vita-POS®

OUR PRICE
\$9⁹⁹



Vita-POS® OINTMENT 5g

Use Vita-POS® at night to improve the lubrication in eyes that are dry, irritated and tired from external factors such as prolonged exposure to video screens and monitors, air conditioning, dust, pollution, smoke, etc. Preservative and phosphate-free. More than 300 individual applications possible.

AFT Pharmaceuticals Ltd, Auckland.

NOVATEARS®

OUR PRICE
\$29⁹⁹



NEW

NOVATEARS® 3ml

NOVATEARS® is a unique, patented preservative-free eye drop for evaporative dry eye that forms a protective layer over the tear film and prevents tear evaporation. NOVATEARS® acts as a lipid layer substitute and evaporative barrier for improved tear film stability and quality.

- Preservative free and phosphate free
- No blurring; spreads easily with a silky feeling on the eye
- Can be used for up to 6 months after opening

Not to be used with contact lenses. Not for use if under the age of 18 or while pregnant or breastfeeding.

Get the right answer

Clearblue Pregnancy Test with Weeks Indicator. Over 99% accurate. The first and only pregnancy test that tells you how many weeks since you conceived.

Diplomat, Auckland NZ.



99%
ACCURATE

OUR PRICE
\$6⁹⁹

**CLEARBLUE
ONE STEP
PREGNANCY
TEST KIT.
(1 Test)**

ALL PRODUCTS
FEATURED



Pharmacy Only Eyecare

OUR PRICE
\$9⁹⁹
EACH



Johnson & Johnson Ltd, Auckland.

**Pharmacy Only eye range
provides relief for red eyes, dry
eyes and allergy affected eyes.**

**VISINE CLEAR EYEDROPS 15mls
VISINE ADVANCED EYEDROPS 15mls
VISINE ALLERGY EYEDROPS 15mls**



OUR PRICE
\$69⁹⁹

**REJUVENAIL®
ANTI-FUNGAL
6.6ml**



Treat fungal nail infections at home

**Rejuvenail® is clinically tested
to treat fungal nail infections:**

- No filing required – easy to use
- Clinically tested

Menarini NZ Ltd, Auckland.

Beautiful HAIR EVERYDAY

OGX SHAMPOO &
CONDITIONING RANGE

\$12⁹⁹
EACH



Argan Oil of Morocco

Sulfate free, Salon inspired. Argan Oil is a natural source of Vitamin E that helps treat dry and damaged hair. Full of antioxidants that help to strengthen weak strands.

Coconut Milk

Sulfate free. This exclusive blend helps bring out your hair's natural strength, elasticity, hydration and balance – for total nourishment inspired by the tropics. Contains; Coconut Milk, Coconut Oil and Egg White Protein.

Brazilian Keratin Therapy

Sulfate free. Helps soften and smooth tresses, while adding a brilliant glow and an all-over veil of luminescent shine. Contains; Coconut Oil, Avocado Oil, Keratin Proteins and Cocoa Butter.